#ICYMI: University of Richmond News to Use
Faculty and Staff Experts Available to Comment on Working and Teaching Remotely

March 27, 2020

The University of Richmond media relations team can connect you with experts for your stories on successfully working and teaching from home due to COVID-19. Our faculty and staff can speak to the following topics:

**Transitioning to Remote Learning**
Mathematics professor Heather Russell says transitioning to remote teaching is all about having a plan and setting realistic expectations.

"Have compassion and kindness for yourself and your students. Even if you feel like you are handling the shift to remote learning well, we are swimming in a stressful environment and not fully aware of the impact it is having on us. Remember to handle students' special arrangements with grace and patience," Russell said.

Read more of Russell’s tips in this piece she authored for *Diverse Issues in Higher Education*: [Uncharted Waters: The Top 5 Tips for Transitioning to Remote Learning](#).

**Working from Home**
Theran Fisher, director of talent and organizational effectiveness in the University of Richmond Department of Human Resources, can provide insight on how to successfully navigate working from home.

"When working virtually, it often takes more time to complete tasks. Between communication challenges, distractions, and shifting priorities it is unrealistic to expect the same levels of productivity from ourselves and each other. Have conversations with your team about what work is most important and to establish realistic deadlines," Fisher said.

[Contact us](#) and follow us on [Twitter](#) to connect with these and other experts today.

Best,
The University of Richmond [Media Relations Team](#)