#ICYMI: University of Richmond News to Use

Faculty and Staff Experts Available to Comment on Psychological Impacts of COVID-19, Plus UR Professor Wins Prestigious Book Award

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The University of Richmond media relations team is at the ready to connect you with expert resources for your COVID-19 coverage.

**Our Psyche During COVID-19**

UR Faculty experts can provide insight on various psychological aspects of COVID-19:

- Personality and social psychologist **Don Forsyth** studies group dynamics and can discuss the impact of social isolation.
- Professor of Behavioral Neuroscience **Kelly Lambert** studies neuroplasticity in the brain and can discuss how our brains respond during times of uncertainty.
- Counseling psychologist **Camilla Nonterah** researches behavioral medicine and can discuss how to cope with anxiety and combat dangerous health behaviors like stress eating.

Learn more in this [Media Tip Sheet](#).

**Professor Wins Prestigious Journalism Award for Forthcoming Book**

University of Richmond journalism professor Shahan Mufti is one of two authors to be presented with a 2020 J. Anthony Lukas Work-In-Progress Award for a new book about the Hanafi Siege, the first attack by Muslim militants on American soil. Learn more in this [media release](#).

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Best,
The University of Richmond [Media Relations Team](#)